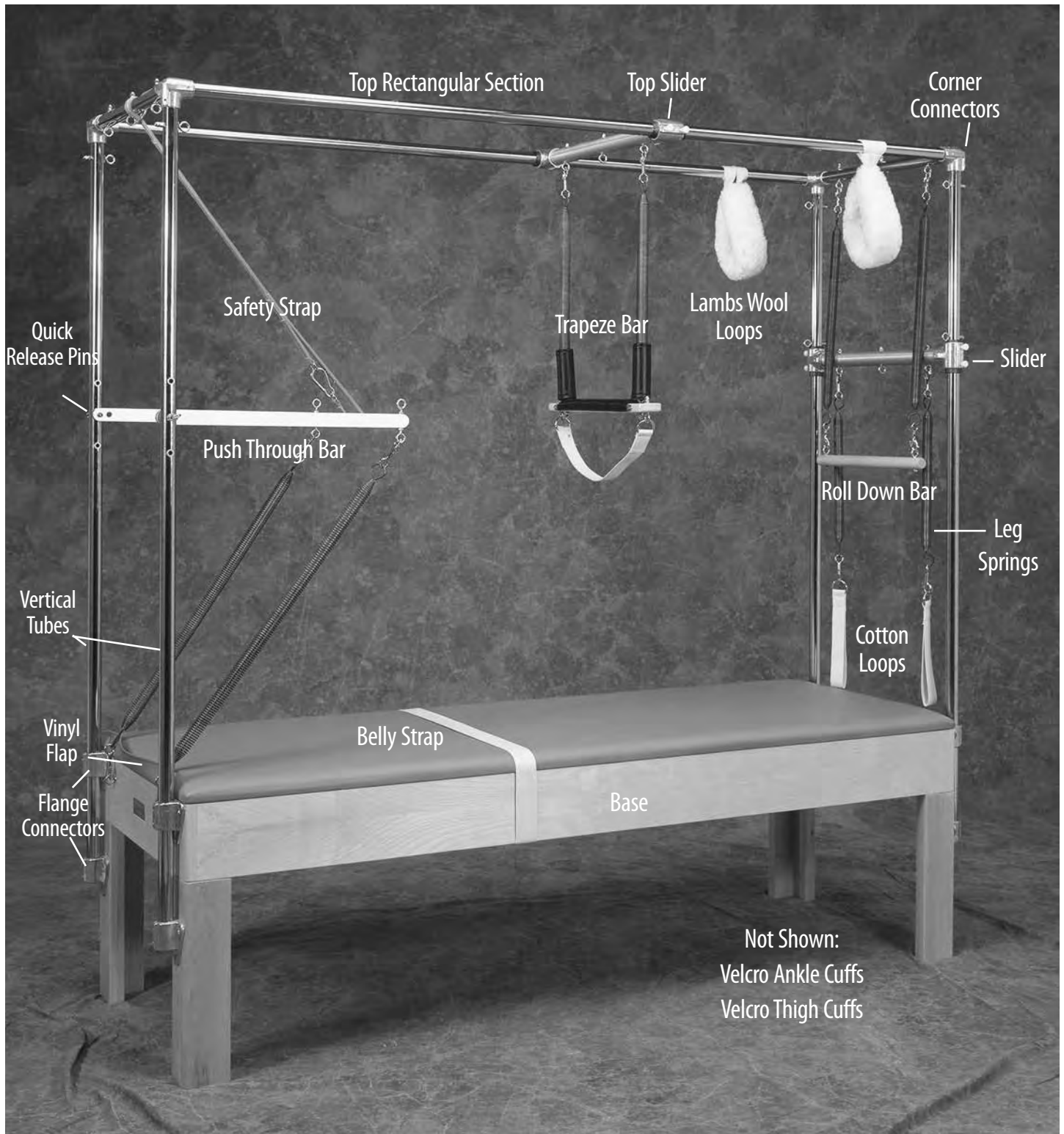


HOW TO ASSEMBLE YOUR TRAPEZE TABLE (CADILLAC)



UNCRATING AND ASSEMBLY INSTRUCTIONS FOR THE TRAPEZE TABLE/CADILLAC

ASSEMBLY

1. Insert the provided cotter pins into the 1/8" holes located near the bottom of the vertical tubes.
2. Using the provided allen key, loosen the set screws in all 8 aluminum flanges on the table base (2 per base).
3. To install the vertical tubes, lift the tube assemblies and drop them straight down into the top of the wall flanges. The cotter pins will hold the tubes at the proper height until the set screws are tightened. Be careful not to puncture the table base upholstery with the cotter pins as you drop the tubes into place.

NOTE: THE VERTICAL TUBE ASSEMBLY WHICH INCLUDES THE PUSH THRU BAR SHOULD BE INSTALLED IN THE END OF THE BASE WITH UPHOLSTERY FLAP. THE EYEBOLTS AT THE TOP OF THE TUBE ASSEMBLIES SHOULD FACE INWARDS, TOWARDS EACH OTHER.

4. With help, place the rectangular section on top of the vertical tubes. Make sure all 4 corner fittings fit securely onto the tubes.
Note: Set the rectangle on the vertical tubes so that the safety strap and the push-thru bar are on the same end.
5. Using the allen key, tighten the set screws on the aluminum flanges and the corner fittings connecting the vertical tubes to the top section.
6. Final Adjustment: For crating purposes, the quick release pins for the push thru bar are located on the inside of the vertical tubes. After the tubes are in place, remove the quick release pins and re-insert them from the outside one at a time. If the quick release pins are binding, realign the vertical tubes by loosening the set screws and rotating the tubes slightly. When both quick release pins move freely, re-tighten the set screws. Now that everything is adjusted, remove the cotter pins from the vertical tubes and save them for future use.

WEEKLY MAINTENANCE

- Inspect springs for separations, and replace if needed. Inspect snaps on springs and make sure the retractors operate smoothly. Replace them if worn or do not operate freely. Make sure that there are no indentations on the inside of the hooks.
- Inspect all nuts, eyebolts and setscrews for tightness. Tighten or replace if necessary.
- Check to see if quick release pins operate correctly. Does the ball at the end of the pin protrude? Does the ball drop down when the button is pressed? If not, replace the pin.

CAUTION: This machine is potentially dangerous, and Balanced Body Inc. assumes no liability towards use or misuse. If you are not fully aware of the safety issues and use of this machine, do not use it.

Questions? Call Balanced Body at
1/800-PILATES (1/800-745-2837) or
916/388-2828.