Installing the wall anchor for the Bodhi Suspension System™ from Balanced Body®

IMPORTANT SAFETY WARNINGS: DO NOT PROCEED UNTIL READING

» This is a load bearing installation. It is strongly recommended that a licensed contractor perform the installation.

» Failure to install properly may result in injury during use. Balanced Body is not responsible for injury to due to incorrect installation.

» After anchor and Bodhi installation, periodically suspend full body weight on each installed Bodhi at one time to verify the install. If there is substantial movement or noise from the wall, consult your contractor prior to use.

» Brackets must be installed onto the studs of a structurally sound wall. When evaluating your structure, plan for it to hold 3x the maximum user weight of 300 pounds for every 32". If it cannot do this it may need to be reinforced or not installed at all.

» Brackets cannot be installed onto steel frame walls.

» These instructions and the provided hardware are for standard 2x4 or 2x6 wood frame construction only.

PARTS LIST (SEE FIGURE A)

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Description</th>
<th>Part Number</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Wall bracket</td>
<td>616-147</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>3/8&quot; x 3&quot; long lag bolt</td>
<td>GEN8015</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>3/8&quot; washer</td>
<td>GEN8016</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>1/4-20 x 5/8&quot; socket head cap screw</td>
<td>GEN9942</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td>3/16&quot;allen key</td>
<td>GEN9280</td>
<td>1</td>
</tr>
</tbody>
</table>
INSTALLATION (REFER TO FIGURE B):

» Pre-drill a 1/4" hole into a stud, 3" deep for each lag screw.

» Material specific 3/8" bolts/fasteners should be selected for all other construction materials. (i.e. RedHead Dynabolt® sleeve anchors for concrete block or brick and RedHead Trubolt® wedge anchors for concrete.) It is the responsibility of the installer to verify the soundness of the structure.

» Once installed you can attach the main Bodhi ropes as you would with any other bar. (Refer to instruction #400-283).

» NOTE: You must ensure that the brackets are aligned so the tube will slide through all of them. It is highly recommended that you test fit the tubes and brackets when marking for screw locations.

> 2"x8" stringers may be used to attach the brackets. The same bracket spacing requirements still apply. See Figure C.

> Two 3/8" x 5" long lag screws and washers (for wood stud construction) must attach each 2x8 at every stud. Maximum stud spacing = 32". See Figure C.

Questions? Call Balanced Body Technical Support at 1-800-PILATES (US and Canada) or +1-916-388-2838.