Easy to Use Plunger Lockout Knobs

Balanced Body's Allegro® Reformer, Clinical Reformer® and Studio Reformer® with Infinity footbars come with plunger lockout knobs that make adjusting and moving the footbar along the Reformer frame much easier.

To use, pull the plunger knob straight out so that the recessed cross-pin comes out of the slots as shown in Figure A. Then turn the knob so that the cross-pin rests on the bolt head as shown in Figure B. Repeat on other side.

With the knobs in “locked out” position, reposition the footbar along the frame of your Reformer as desired. Then turn the knobs so that the cross-pin is once again recessed, firmly locking the footbar into its new position.

Figure A

Figure B